



Dear Caregiver:

As a caregiver of a child 3-11 years of age, you are asked to participate in a research study for a Master's Thesis conducted by Theo Phillips, Registered Dietitian, and Dr. Gordon Zello, Professor and Department Head, from the College of Pharmacy and Nutrition at the University of Saskatchewan. Please read this form carefully, and ask questions you might have.

The DAILY project is investigating the reasons why people do or do not eat lentils. By completing the questionnaire, you will help researchers better understand food choice in families with children ages 3 – 11 years. The information will be used to help improve how health messages are delivered to families with young children. Results will be presented at relevant conferences and collated into a Master's Thesis to be available online at the University of Saskatchewan Library.

There are no major risks to participate in this questionnaire and every effort will be made to ensure confidentiality throughout the survey process. All published data will be reflecting the total group of caregivers and it will not be possible to identify individuals. Please do not put your name on the questionnaire. School staff, teachers or administrators will not know of your participation in this research.

It is your choice whether you fill in the questionnaire or not. If you do volunteer to complete the questionnaire, you may withdraw at any time without consequence of any kind. You may skip any questions that you do not feel comfortable with. We are only interested in your responses and there are no right or wrong answers. All caregivers who return completed questionnaires will receive a free cookbook and be entered into a draw for grocery store gift cards.

Your responses are important to us. If you have any questions or concerns about the research, please feel free to contact Theo Phillips (theo.phillips@usask.ca) or Gordon Zello (966-5825 or Gordon.zello@usask.ca).

This research project has been approved on ethical grounds by the University of Saskatchewan Behavioural Research Ethics Board on October 19, 2010. Any questions regarding your rights as a participant may be addressed to that committee through the Ethics Office (966-2084). Out of town participants may call collect.

I have read and understood the information concerning this questionnaire and consent to participate. Completing the questionnaire implies that you have consented to participate in this Master's Thesis project.